

## REFLECTION ON MY DEVELOPMENT DURING THIS PROGRAMME

### REFLECTIVE JOURNAL

This Reflective Journal is a useful means for your professional development. Please take a moment to reflect personally on the programme and write a few lines everyday on your thoughts.

Possible areas of reflection: My professional development today, communication development, cultural understanding, participation in educational visits and field projects, conversations and debates, talks, group work, sharing of expertise, dissemination strategies, etc.

**NAME: ANTONIO ORONZO DEL SOLE Country: ITALY**

Date: 19/11/2017 Sunday

Today there was the first meeting: the participants' knowledge, the program of the course, and a brief presentation of Spain (history and political system). The organization effectively transmitted the spirit of Erasmus: knowledge of the host country, conversation and exchange of ideas and experiences with colleagues from other nations in Europe.

Date: 20/11/2017 Monday

Today I've known and learned how to use important tools for teaching. PADLET, an interactive bulletin board to share information, images, and more with my class, ADOBE SPARKS to make videos in a few minutes and others. I did not know these tools, I think they are useful to improve my teaching activity. MEGA, a web storage up to 50 GB free.

For me it is very interesting to continue the evening after the course: with some colleagues we dined and talked in a restaurant. We have therefore deepened the cultural exchange among the participants.

Date: 21/11/2017 Tuesday

All day dedicated to teaching tools. Some were already known to me, others did not. (Google Drive and Google tools to share a document, presentation, questionnaire; GENIALLY a web tool to create engaging interactive visual content (pictures, posters, presentations, etc); BOX, another web storage and sharing cloud. This is different from MEGA because is it possible to put a note or modify a document shared. It also can display files without needing to download them. ODRIVE a universal sync client to unify, sync, share, and encrypt all your files in Amazon Cloud Drive, Dropbox, Google Drive, OneDrive, Box and others).

Discussion about social network and security: FACEBOOK, TWEETTER, INSTAGRAM.

Another step for my professional development.

Date: 22/11/2017 Wednesday

This morning a guided tour of Hubeda and Baeza was a good opportunity to improve the knowledge of other course participants and to develop my communication skills and dialogue.

Date: 23/11/2017 Thursday

It was interesting afternoon lesson about the Smartboard. I normally use it like an projector, but it is a powerful tool for teaching.

Date: 24/11/2017 Friday

In the morning preparation of the final presentation: I started to put into practice as learned. It was interesting working in team with colleagues of other nations. The afternoon visit of wonderful Alhanbra: another moment of cultural growt.

Date: 25/11/2017 Saturday

Dissemination strategies, Presentation of groups works, greets: Erasmus spirit is very present and accompanies me when I leave my colleagues and English Matters home.

**A final overview of my experience in this European training programme:**

For a week I left my family, my house and my job to go to another place to experience a cultural deepening and professional growth. This time could not be spent better: my professional and human enrichment was remarkable. In Jaén I felt like at home, in Europe.